



Sport Relief 2008: Secondary Assembly

Summary

This assembly is based around the Sport Relief 2008 theme of challenge. It aims to show how young people faced with difficult situations or living in disadvantaged communities are overcoming the challenges they face. It also shows the support Sport Relief is providing to these young people and their families to help them live more fulfilling lives.

Learning Outcomes

- To understand the challenges some young people face due to poverty.
- To empathise with people who have similar or different challenges to themselves.
- To be aware how personal effort, collective action and external support can help overcome challenges and resist harmful pressures from peers and society at large.
- To understand how participation in school and community activities can impact locally, nationally and globally.

You will need:

Introduction and Challenges:

- A teacher/adult narrator
- Two teams, one student team and one teacher team with 3 – 4 people per team wearing Sport Relief Socks. To order Sport Relief Socks, download the order form at: sportrelief.com/schools/orderstuff.
- Two flip charts with thick pens
- A stopwatch
- A scoreboard
- A set of cards with various numbers on (see below)
- Various equipment for an optional 'sporty challenge'

Main Section: Telling Jessica's Story:

- Two students to role play the 'TV interview'
- Jessica's case study – PDF or film online: sportrelief.com/schools or Schools' DVD (optional)
- Story Posters - Sport Relief 2008 School's Kit (optional)
- PowerPoint stories - sportrelief.com/schools (optional)
- Map of Brazil (optional)
- DVD player/projector (optional)



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Introduction (5 – 7 minutes)

The first part of the assembly aims to introduce the challenge theme of Sport Relief 2008 in a fun way. Two teams, one student team and one teacher team, take part in a series of challenges.

Suggested narrator script: Welcome to a special Sport Relief 2008 assembly. The theme of this year's Sport Relief is 'challenge' and to begin the assembly we have a brave group of students who are going to take on an even braver group of teachers in a series of challenges. At stake, a pair of Mr/Mrs/Miss X's (teacher/headteacher etc) socks that will be awarded to the winning team!

The narrator should introduce the two teams who could be encouraged to dress outrageously in red and white including Sport Relief Socks and think of a name for themselves! Each team should have a flip chart, visible to the audience but hidden from the other team. The teams are presented with a series of challenges:

Quick thinking challenge

Teams have 30 seconds to write down on their flip chart as many sports as they can beginning with the letters S and R.

Examples: **S**: swimming, surfing, sailing, snooker, soccer, skiing, squash; **R**: rugby, rowing, rounders, running. Suggestions shouted out from others in the assembly may or may not be encouraged!

To involve the assembly, the narrator could ask at the end which other sports could have been listed.

Number challenge

A series of numbers should be written on to cards and these should be shown to both teams and the rest of the assembly in rapid succession (for about 45 seconds). Each number should relate to a particular sport and teams should write down on their flip chart the number and the sport they think it relates to. The team with the most correct sports wins the round, though points could also be awarded for imaginative, if not strictly correct, answers!

A few examples: **180** – darts; **5** – five a side football; **110** – men's hurdles distance, **40 - 30** – tennis (score); **54 – 57** – featherweight men's boxing (weight in kg).

There are some good opportunities to involve the assembly here. Either students could be invited to shout out numbers (in an orderly way!) or a group of students could be asked to prepare the challenge beforehand, researching different sports and finding associated numbers.

Writing challenge

Teams have 45 seconds to add two lines to a football or cheerleading chant promoting Sport Relief. The first two lines should be written on a flip chart, board, projector etc for everyone to see.

Sport Relief has kicked off again,
To the challenge we must rise,...

Each team should write their two lines on their flip charts and read them out when the time is up. The audience should be asked to judge which chant they like best!

Alternatively, both teams could be told about this challenge before the assembly and write a longer piece (maximum 45 seconds when read aloud) to be read out during the assembly. The style of presentation, e.g. a rap, football chant or mini drama, could also then be judged!



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Optional sporty challenge

You could include a physical challenge, though this will depend on the space and time available. Examples could include:

- Dribbling a football around the hall or obstacle course and seeing which team or team member completes it fastest.
 - Throwing a ball back and forth between team members and seeing which team can achieve the most catches without dropping the ball in a given time.
 - Football with Ping pong balls and a straw.
 - Teams carry a member of their group across the stage/hall where the quickest team wins.
- Students could be asked to design appropriate challenges before the assembly.

The narrator should thank the teams, announce the winners and award the pair of socks!

Main section (5 minutes)

The focus here is on a role play presented as a TV interview using the real life story of 12 year-old Jessica from Brazil. She has faced many challenges but with the help of Sport Relief she and her family are being empowered to live more fulfilling lives. A role play script is provided below. Alternatively, you could use the Schools' DVD or film clip online featuring Jessica's story.

Narrator script: Sport Relief 2008 is all about challenge; learning about serious challenges that many young people face everyday and how you can help change their lives for the better by taking on sporty challenges to raise cash.

Let's go over live now to our reporter in Brazil to learn more about the kind of challenges some young people face and the support that Sport Relief is providing them.

Interviewer: Well, you join me in the heart of one of Brazil's notorious favela's in the city of Recife. (Interviewer could show where Recife is on a map of Brazil) I'm joined by 12 year-old Jessica, who lives here with her family. Jessica, thanks for joining us. Can you tell us a bit about what life in a favela is like?

Jessica: It is very dangerous. There is a lot of crime and violence. The most frightening thing is when the drug dealers fight with the police because people get killed. It's really very scary.

Interviewer: And what about your home life, can you tell us a bit about that?

Jessica: My life used to be very hard. The rain used to flood our small wooden house and it was filthy. We had no money and when things were really bad, mum couldn't pay the rent so we had to live with my aunt. What was even harder was that my mum and dad drank all the time. Sadly, so would my aunt, so I would have to look after my brothers and sisters, which was a big challenge for me.

Interviewer: You talk about what life used to be like, so how has life changed for you?

Jessica: Well, things got a lot better when I heard about a project funded by money raised through Sport Relief called Passage House. My family and I went there together for some counselling. Passage House helped my Mum stop drinking. This was one of the happiest days of my life! Now she spends more time with us. Also she is learning to sew, so she can set up a small business making clothes and bags to earn a bit more money.



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Interviewer: And how has Passage House helped you personally?

Jessica: The project is very important for me and my friends, because it lets us play games and be in theatre productions, eat good food and be together in a safe place away from the violence in our area. I really like my project worker, Patricia, because she knows how to listen, which helps me if I want to share my feelings with her.

Interviewer: And I understand that you went to meet the president of Brazil! Can you tell us about that?

Jessica: Yes, this was my proudest moment. My friends and I won a National competition - designing a poster showing what we must do to avoid drugs - and we went to meet the president! I had never really left the area where I live and I had to get a plane so it was a very exciting experience for me!

Interviewer: Jessica, it's been really great talking with you. Do you have a final message for the students at ... school/college?

Jessica: I believe that children can make the world a better place, because they can tell other children about what they have learnt and try to make a difference. I think that if people get off drugs and get support from places like Passage House it could make life better for everyone.

Interviewer: And with that it's back to the special Sport Relief 2008 Assembly at ... school/college.

An alternative to acting out the role play in assembly would be to film the interview beforehand and project it on a screen in assembly.

Reflection (1 minute)

Narrator script: Let's reflect for a moment on what we have learnt from this assembly. Many young people living in difficult, poor and dangerous situations are overcoming the challenges they face. We probably all know others who face challenges in their lives either in our own community or further away. As we have seen in this assembly, the support of others is really important in helping young people face up to their challenges and fulfil their potential. Let's think carefully about what we can do to help each other meet the challenges we face – both people near to us, and those further away. Think for a moment what actions you can take to help others achieve their full potential. (Space)

Conclusion (3 minutes +)

Narrator script: And now what challenges are YOU going to take part in during Sport Relief 2008 to help others meet their challenges?

This is an opportunity to list any events, activities and challenges that are planned by/for students, parents, teachers etc, encouraging them to become involved in Sport Relief 2008. Check out sportrelief.com/schools for lots of fun and sporty challenges.